

Improving Nutrition Services in the Care of the Ill and Vulnerable Newborn and Child Workshop

30 October–2 November 2018

Accra, Ghana



photo by Kate Holt/MCSP

Improving Nutrition Services Workshop Overview

USAID Hosted in collaboration with UNICEF, WHO and MCSP

Total Participants: 115

Country Delegations: 7

Total Delegate Participants: 83

DRC (4), Ethiopia (7), Ghana (31), Kenya (9),
Mali (7), Mozambique (9) and Nigeria (16)

Global and Country Partners: 32

Facilitator: Samira Aboubaker*

**Location: Movenpick Abassador Hotel,
Accra, Ghana**

Duration: 3.5 days

*Formerly Senior Medical Officer, Department of Maternal, Newborn, Child and Adolescent Health and Development at WHO/HQ



Kwaku David Photography

Goal

To identify key barriers and opportunities for strengthening nutrition services delivered to children under five years of age through routine management of illnesses in household, community and primary facility level.



Kwaku David Photography

Key Workshop Outcomes by Objective



Shared successful practices in implementing current policies and guidelines

Enabling environment and service provision

- Kenya and Mali on creating an enabling environment
- Mozambique on supporting service providers

Service package

- Ethiopia, Mali and Nigeria on expanding nutrition services to CHWs
- Ghana on implementing ECD into CHPS

Demand generation and Use of information

- DRC's active case finding, QI and community empowerment to generate demand
- Ethiopia, Mozambique and DRC's use of data and research to drive action



Reviewed persistent barriers to the provision of adequate nutrition interventions



From WHO's review of 20 years IMCI:

- Health workforce challenges,
- Weak community involvement
- Inequalities in coverage
- Fragmented M&E systems
- Inadequate capacity of DHMTs

Additional issues raised during pre-work and workshop:

- Low quality and coverage
- Conceptual distinction “nutrition” vs. “health”
- Private sector represents opportunity AND threat
- Missed opportunities during child encounter
- Earmarked and time-bound funding

Reviewed nutrition practices for LBW/Small Gestational Age/premature newborns

Key Technical Guidelines for LBW babies are missing

- 2011 guideline revision pending WHO's process

Countries shared great examples of technical leadership:

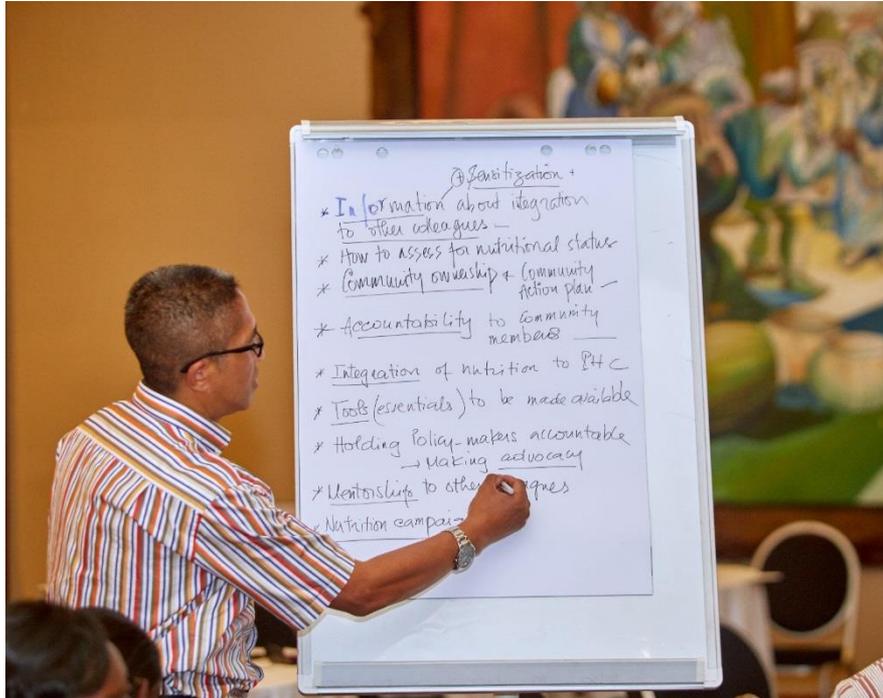
- Ghana's KMC program
- Kenya's BFCL initiative

Experts' advice on optimizing human milk and breastfeeding:

- India's practices and SOTA techniques on care and management of LBW/SGA/ premature NB
- LSHTM's C-MAMI tool
- The 2018 updated BFHI Guidelines



Prioritized the most critical barriers and develop key actions to address them



- Take the **paradigm shift into account** when setting priorities – e.g demographic shifts to urban settings, double burden of malnutrition and NCDs
- Develop a **System Approach** instead of Disease-Specific Approach and address the silos promoted by some donors and partners
- Strengthen **Service Delivery** thru innovative approaches for mentoring and supervision, task-shifting and engaging families in the process of care
- Consider **Cross Cutting Issues** : engagement of civil society and CSOs, Nutrition and Resilience, gender and women’s empowerment

Identified themes or barriers that require policy change or further evidence at the global level



Gaps in technical guidance:

- Prevention or management of moderate wasting
- Assessing and treating malnutrition in under 6 month old infants

Technical issues needing more attention:

- Methods for diagnostic need simplifying
- Assessing and treating feeding problems in IMCI
- Adequate integration during the sick child encounter
- Capacity of overloaded providers
- Acceptability of donor milk for preterm babies
- Cost-effectiveness

Prioritized actions to implement and develop short-term country action plans

Common actions and priorities...

... **Frontline Health Providers** focus on optimizing services during key contact, strengthen community engagement, and define standardized package of services

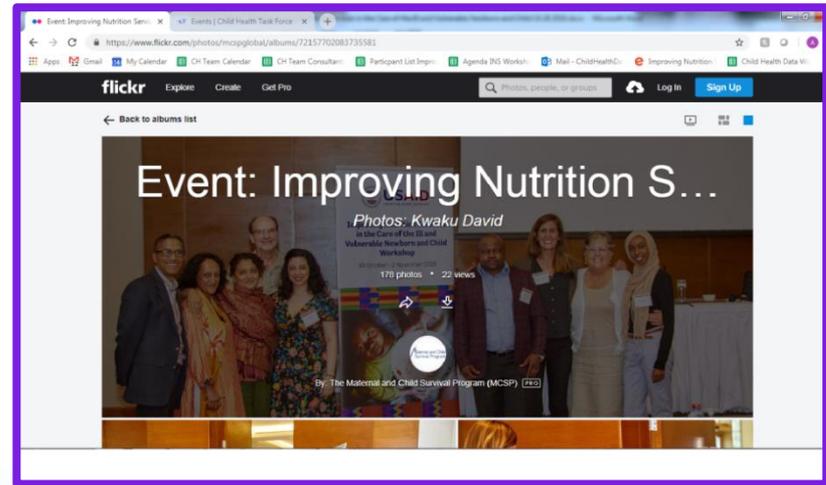
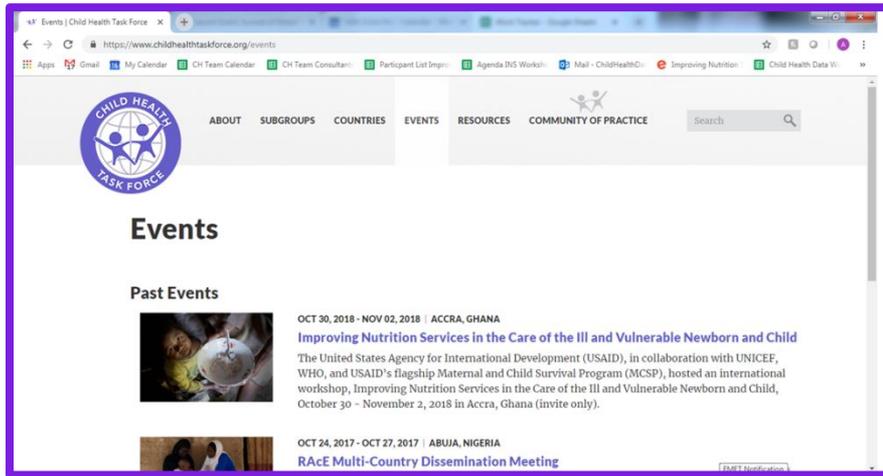
... **Subnational and District** representatives focus on addressing factors affecting providers' performance and reinforce stakeholders' coordination

... **National Decision-Makers** focus on identifying alternative funding mechanisms, develop costing and cost-effectiveness analyzes and mobilize resources



Workshop Report and Other Resources

- The **full report** and all presentations, materials and documents shared, photos, videos and country action plans are housed here:
- <https://www.childhealthtaskforce.org/events/2018/10/improving-nutrition-services-care-ill-and-vulnerable-newborn-and-child>



For more information, please visit
www.mcspprogram.org

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