Maryland/DC Regional Breastfeeding Friendly Workplace Awards
The Maryland Breastfeeding Coalition

- We are health professionals, moms, educators, policy-makers, organizations, businesses, and others who promote, protect, and support breastfeeding.
- We have been assisting breastfeeding families and professionals since 2002.
- The Maryland Breastfeeding Coalition is a member of the United States Breastfeeding Committee.
Since 2010, the Maryland and DC Breastfeeding Coalitions have awarded over 120 regional businesses with a **Breastfeeding-Friendly Workplace Award**.

- Originated from HRSA’s Business Case for Breastfeeding program.
- The program recognizes demonstrated support for breastfeeding through a conducive office environment.
Companies Judged Based on Size and STEPs of Support Provided to Employees
The Process

• Organizations apply for the award.
• The materials are reviewed by coalition members on the awards committee using standardized criteria.
• A site visit is conducted to verify information and provide feedback and suggestions.
• Awardees are chosen and honored at an awards ceremony.
Businesses Recognized as Follows

• Small (up to 50 employees): Bronze: 3–10 points; Silver 11–20; Gold ≥20 (at least 1 gold criteria must be met).

• Medium (50–500 employees): Bronze: 5–14 points; Silver 15–30 (at least 1 silver criteria per category must be met); Gold ≥30 (at least 2 gold criteria must be met).

• Large (500+ employees): Bronze: 10–19 points; Silver 20–40 (at least 1 silver criteria per category must be met); Gold ≥40 (at least 4 gold criteria in 2 different categories must be met)
Government Agency Awardees

- Consumer Financial Protection Bureau (2016)
- Defense Information Systems Agency Wellness Center (2017)
- Defense Intelligence Agency (2013)
- Dept. of State – Educational & Cultural Affairs and International Informational Programs (2014)
- Naval Health Clinic Patuxent River (2013)
- NASA Goddard Space Flight Center (2012)
- National Institutes of Health (2011)
- National Security Agency (2012)
- NOAA (2018)

- USAID (2016)
- U.S. Census Bureau (2013)
- U.S. Department of Agriculture (2012)
- U.S. Department of Transportation (2016)
- U.S. Environmental Protection Agency (2018)
- U.S. Food and Drug Administration (2014)
- U.S. Food and Drug Administration (2017)
- US Naval Research Laboratory (2018)
- Walter Reed National Military Medical Center (2012)
Defense Information Systems Agency Wellness Center

- Located in Fort Meade, Maryland
- Large employer
- Gold-level workplace award
"The convenience of having an accessible and private space to pump coupled with an informed nursing staff and childbirth educator made all the difference. The support I received from other moms I met who were using the rooms around the same time as me was a bonus! I brag about our facilities to all of my mom friends.” – A.B.
Defense Information Systems Agency Wellness Center
U.S. Food and Drug Administration

• Located in Silver Spring, Maryland
• Large employer
• Gold-level workplace award
The FDA building has 3 lactation rooms that are regularly used, on-line booking system, breastfeeding hotline, onsite IBCLC, and child care.

Statement from employees

“The support I received from my supervisor and the nursing mothers program at FDA was amazing. We have a private, peaceful room to pump with a sink, fridge, and hospital-grade pump. There are monthly mom-to-mom seminars, support groups, and lactation consultant available. I rave about the program to expecting mothers and feel very fortunate to have this nice place to pump. I credit the facilities with my ability to pump and exclusively breastfeed my two kids for their first year.”
• Started September 1998
• Lactation rooms in over 30 buildings
• On-site lactation consultant support
• Over 300 participants a year
• Received award in the large employer category in 2011
SUPPORTING BREASTFEEDING IS WIN-WIN WIN-WIN FOR COMPANIES AND EMPLOYEES!

Maryland Breastfeeding Coalition