Wash hands for 20 seconds following these steps:

1. Wash hands for 20 seconds following these steps:
2. Lather hands.
3. Rinse with water.
4. Dry hands with a towel.
5. Avoid touching face.
6. Wash hands in sink.
7. Avoid touching eyes.
8. Sanitize surfaces.
9. Avoid touching mouth.

(Steps 1 through 9 are illustrated in the diagram.)