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Where are Caregivers' Needs in the Agriculture-to-Nutrition Pathway? Measuring the Resources They Need to Provide Optimal Care and Feeding

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Photo Credit: Photo by Fintrac Inc.



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SESSION OUTLINE

- Hearing from your experience (poll)
- What are caregiver resources?
- Where caregiver resources fit in a pathway: Experience from Uganda
- Exercise (small groups)
- Practice identifying measures of caregiver resources
- Discussion
- Key takeaways and Your final say

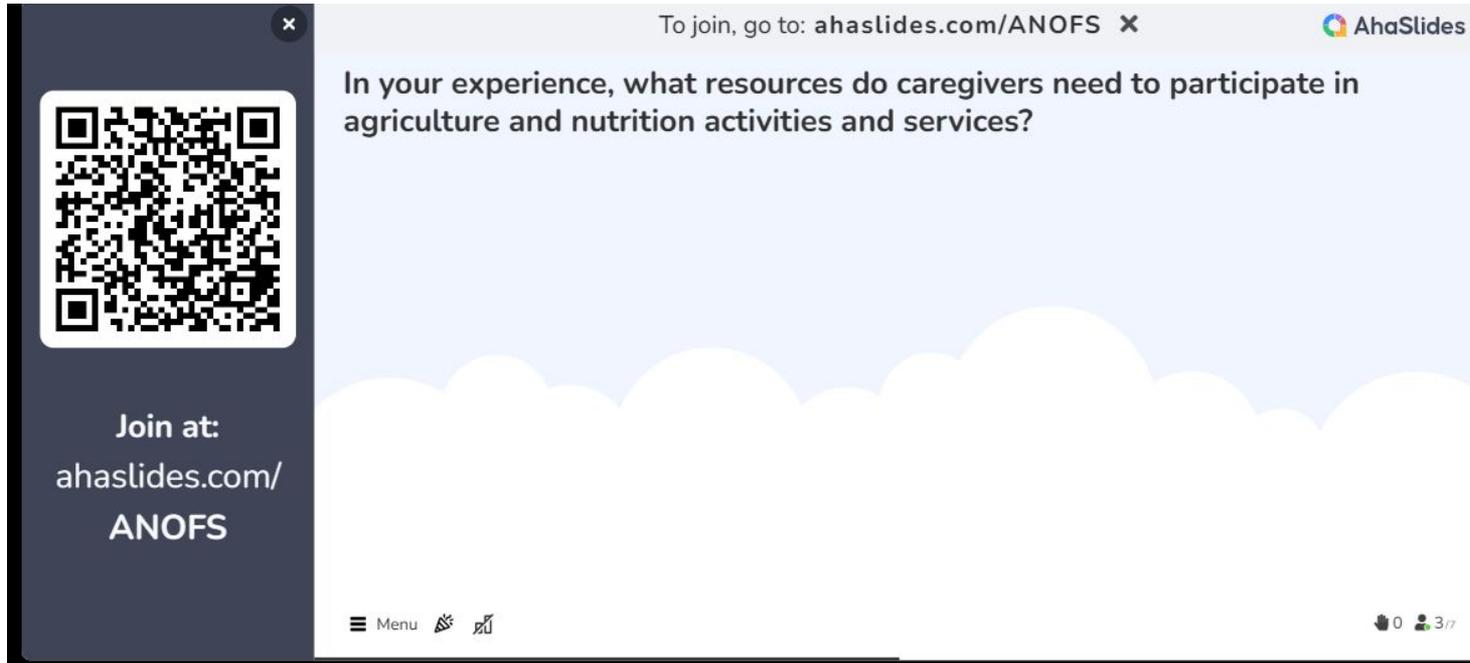
LEARNING OBJECTIVES

Through this learning lab, you will be able to—

- **Describe the intangible resources caregivers need** to provide care and feeding for young child nutrition, an immediate determinant of nutrition outcomes for young children.
- **Practice where these resources fit** into a real-life nutrition-sensitive program theory of change.
- **Explore a bank of measures of caregiver resources** that have been used in nutrition research in low- and middle-income countries.

LET'S LEARN ABOUT YOUR EXPERIENCES

<https://ahaslides.com/ANOFS>



To join, go to: ahaslides.com/ANOFS X AhaSlides

In your experience, what resources do caregivers need to participate in agriculture and nutrition activities and services?

Join at:
ahaslides.com/ANOFS

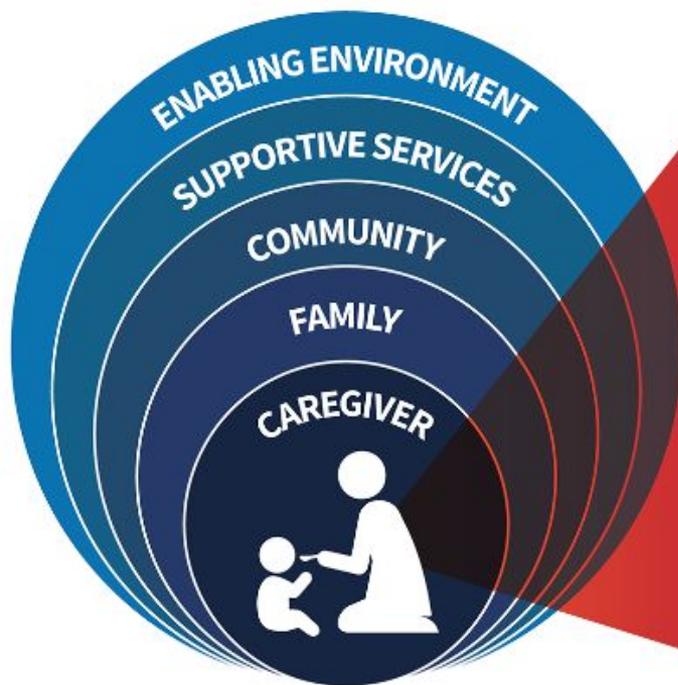
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WHAT ARE CAREGIVER RESOURCES?

- Resources often refer to food, money, assets, or other material items.
- “Caregiver Resources” refers to **intangible resources**, including psychosocial factors and others, such as time sufficiency.
- When caregivers have these resources, they can—
 - **provide care** that produces positive child health, nutrition, and development outcomes
 - **participate** in services or programs to improve child outcomes.
- These are resources needed by caregivers, but the *source* may be the family and the broader community.

CAREGIVER RESOURCES



CAREGIVER RESOURCES

Mental Health
Healthy Stress Levels
Perceived Physical Health
Safety and Security
Equitable Gender Attitudes
Self-Efficacy
Social Support
Time Sufficiency
Autonomy *
Education *
Knowledge and Beliefs *
Nutritional Status *

*Toolkit does not include measures for these resources.



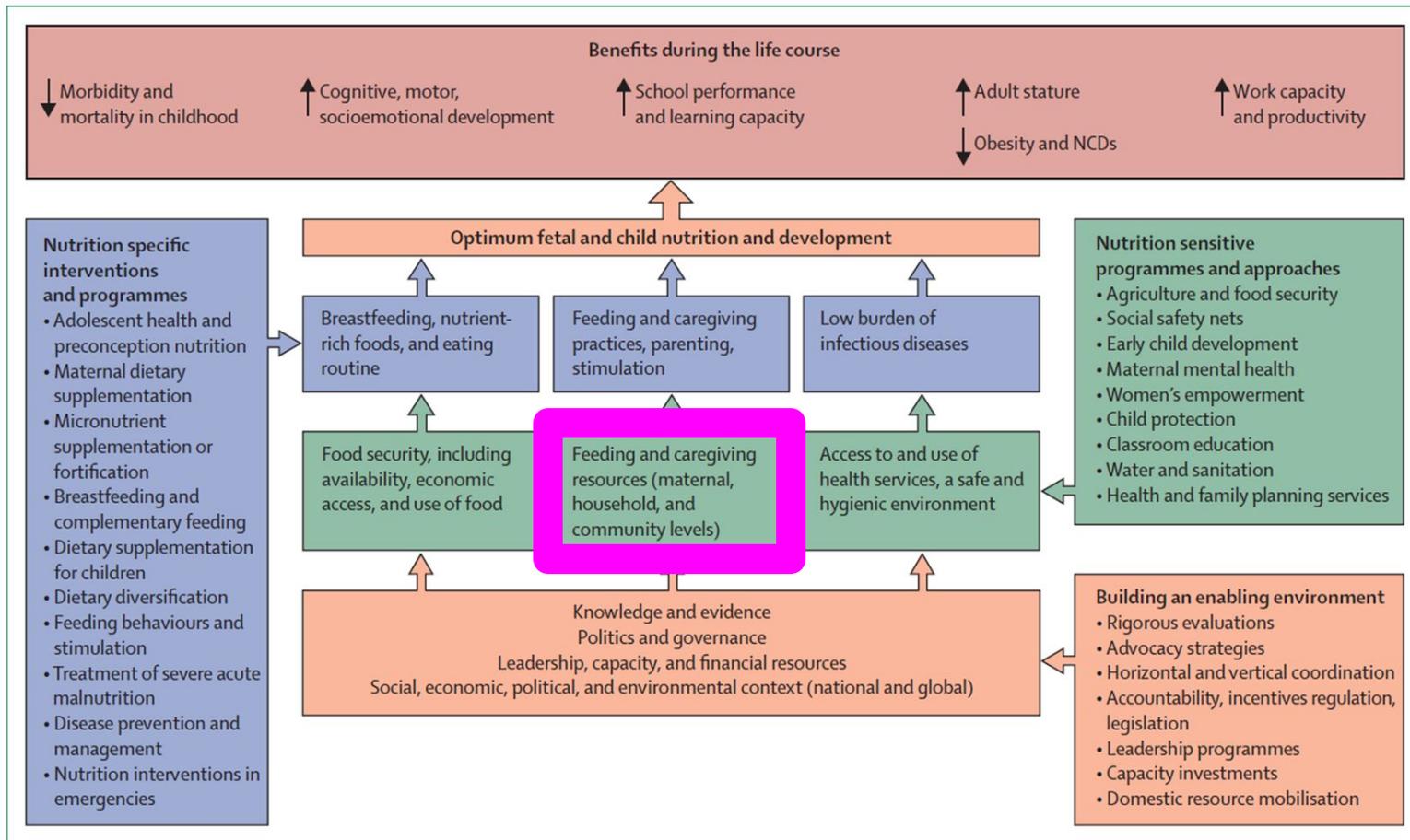
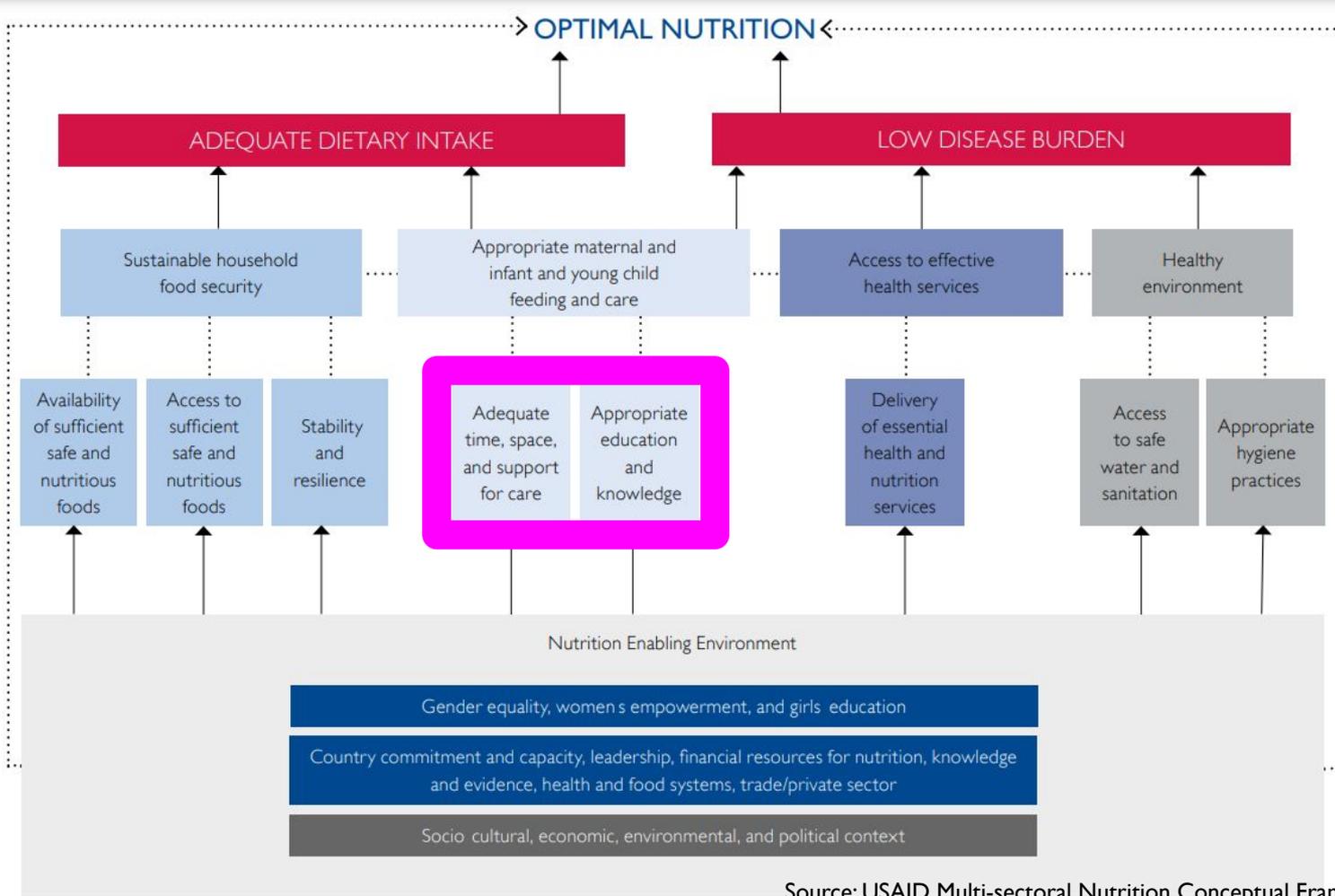
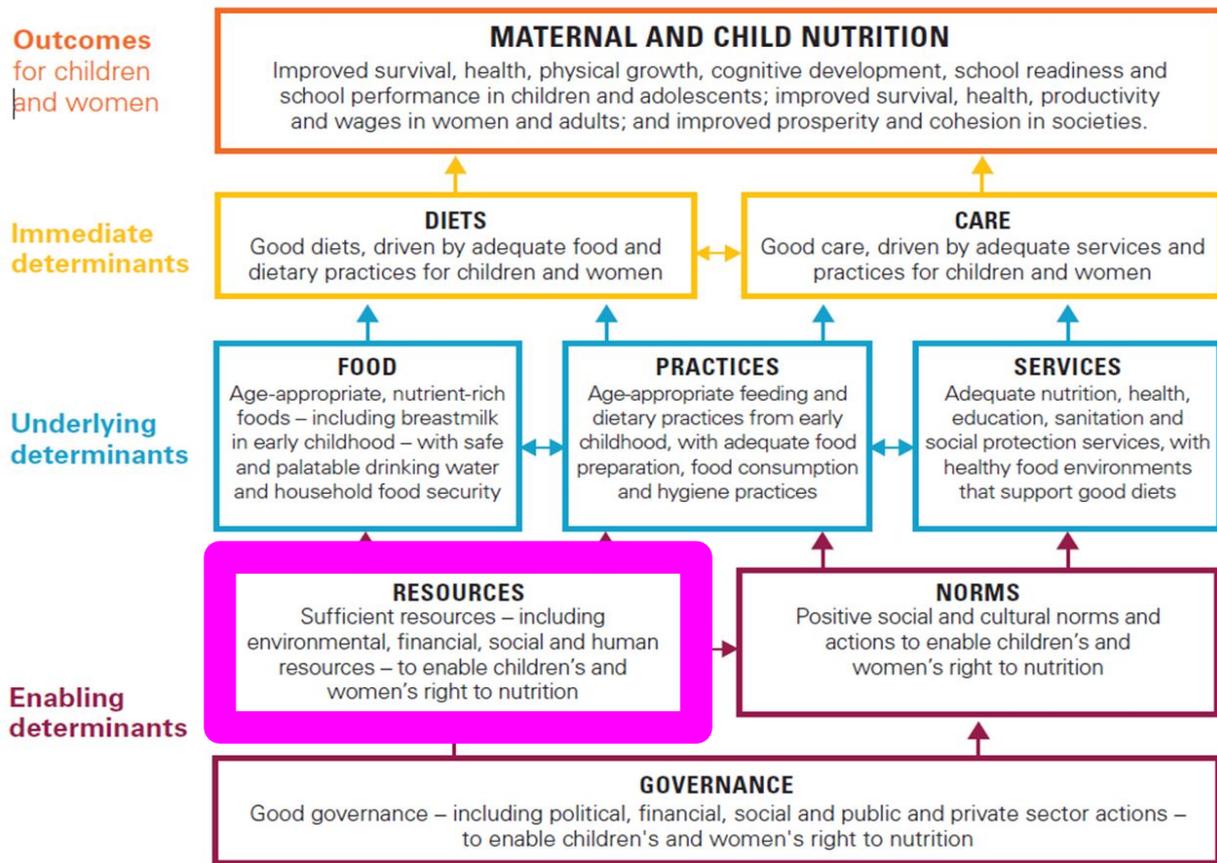


Figure 1: Framework for actions to achieve optimum fetal and child nutrition and development

Source: Black et al *Lancet* 2013



Source: USAID Multi-sectoral Nutrition Conceptual Framework 2014-2025



UNICEF Conceptual Framework on the Determinants of Maternal and Child Nutrition, 2020. A framework for the prevention of malnutrition in all its forms.

WHERE CAREGIVER RESOURCES FIT IN A PATHWAY : EXPERIENCE FROM UGANDA



Photo credit: MCSP

HANDS ON EXERCISE

Where would these caregiver resources fit?

Group 1: Social Support (Stephanie)

Group 2: Self-efficacy (Neha)

Group 3: Mental Health (Kenneth)

WHAT DO YOU THINK?



Photo credit: Internews

Measuring What it Takes to Provide Care

A toolkit for nutrition programs and research

Supporting caregivers to improve child nutrition

Many child health, nutrition, and development efforts focus on caregivers, those persons responsible for providing nurturing care to infants and young children. To make positive changes in nutrition, caregivers need to draw on resources linked to their own physical and psychological well-being and sense of self.

"Resources" often refer to food, money, assets, or other material items. In this toolkit, the term "Caregiver Resources" refers to intangible resources, including psychosocial factors (such as mental health, social support, self-efficacy) and other resources such as time sufficiency. These are resources needed by caregivers, but the source may be the family and the broader community. When caregivers have these resources, they can:

- provide care that produces positive child health, nutrition, and development outcomes.
- participate in services or programs to improve child outcomes.

Caregiver Resources reflect family, community, and societal contexts



*Toolkit does not include measures for these resources.

Caregiver Resources are directly relevant to caregivers and their nurturing behavior, and reflects the contexts of the family, community, and broader social systems.

SHARE THIS

Navigate the Toolkit

Toolkit Home

- Definitions of Caregiver Resources
- Why do Caregiver Resources matter?
- Why measure Caregiver Resources?
- How to use this toolkit
- How the toolkit was developed
- Caregiver Resources Included in Toolkit
 - > Mental Health
 - > Healthy Stress Levels
 - > Perceived Physical Health
 - > Safety and Security
 - > Equitable Gender Attitudes
 - > Self-Efficacy
 - > Social Support
 - > Time Sufficiency

Search for a Tool

SEARCH

CAREGIVER RESOURCE

- Any -

GEOGRAPHIC FOCUS

- Any -

Apply



EXERCISE 1: Identify Measures for a Caregiver Resource



Photo credit: ARiboul USAID

Your program is planning a baseline survey. The desk review suggests that people's situations like Fatima is common. Fatima has 3 children, and lives with her large family. She is not confident to make decisions about food, feeding or care with so many people advising.

Which measure(s) could you use to study this? Why?

EXERCISE 2: Identify Measures for a Caregiver Resource



Photo credit: ARiboul USAID

A project supports women's savings groups to help women get income to feed their young children. Some women are not purchasing food for the children.

Which measure(s) could you use to study this? Why?

EXERCISE 3: Identify Measures for a Caregiver Resource



Your program conducted formative research with farmers on nutrition among their children. The findings show that some young mothers feel isolated.

Which measure(s) could you use to study this? Why?

EXERCISE 4: Identify Measures for a Caregiver Resource



Your program plans to engage grandmothers to improve children's diets.

What measure could you use to see how this is influencing women's experiences?

EXERCISE 5: Identify Measures for a Caregiver Resource



Your program engages market vendors to promote nutritious food for families to buy for children. A vendor says that some caregivers do not purchase these foods.

Which measure(s) could you use to study this? Why?

EXERCISE 6: Identify Measures for a Caregiver Resource



Community consultations raised that some families do not feed children well. Several people thought that caregivers have many challenges and do not participate in education sessions.

Which measure(s) could you use to study this? Why?

DISCUSSION



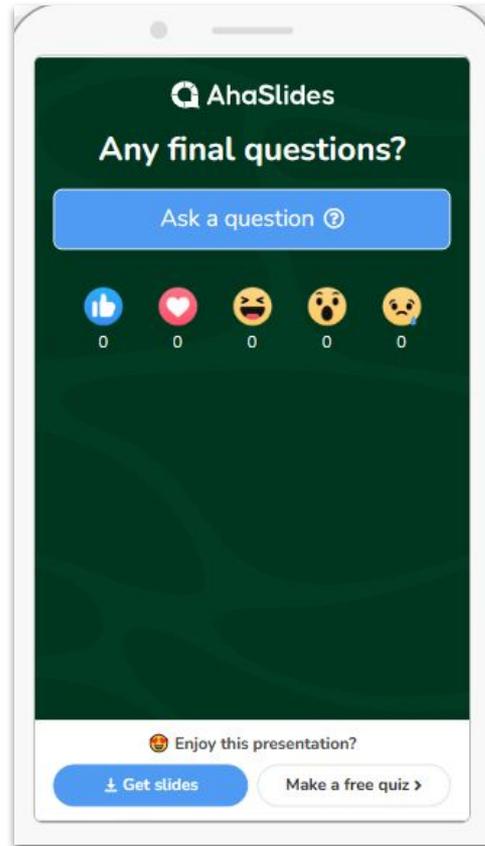
Photo credit: USAID

KEY POINTS TO REMEMBER

- Caregiver Resources underlie the **participation** and **care**, and thus the **effectiveness** of nutrition interventions on children's outcomes.
- Families, communities, and services shape caregiver resources.
- Consider— and measure- what it takes to provide care within all pathways from agriculture to nutrition for greater impact.
- Use the [online toolkit](#) to identify, adapt, and apply measures of caregiver resources to better design and assess programs that catalyze change.

YOUR FINAL SAY

<https://ahaslides.com/I3TTQ>





USAID ADVANCING NUTRITION

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