



Nutrition for Resilience



Micronutrient Forum 6th Global Conference

The Hague, the Netherlands & Online

16-20 October 2023

Resilience and Ecological Approach to Anemia



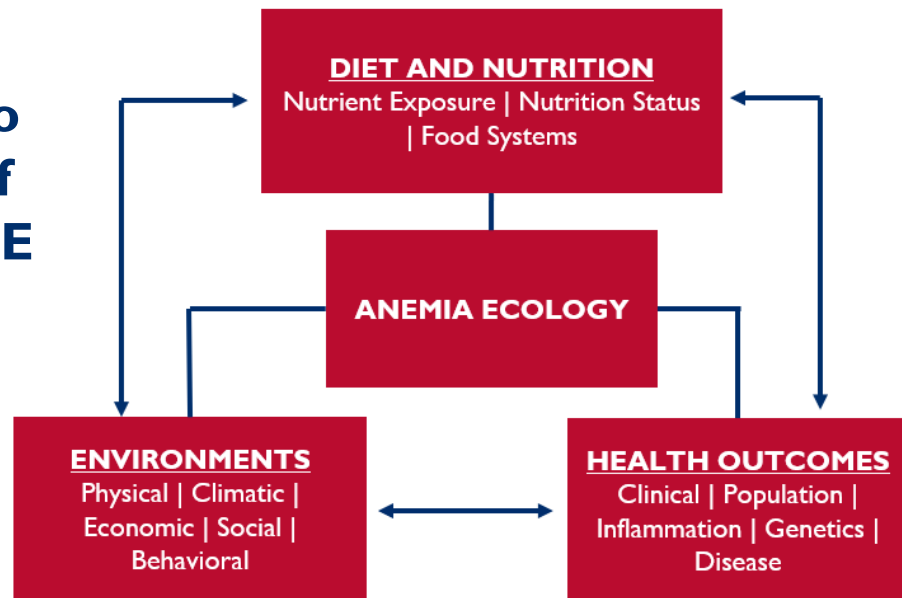
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Resilience and Ecological Approach to Anemia: Interaction with Members of the Anemia Task Force and the HEME Study—USAID-Funded Anemia Initiatives

Moderated by USAID Advancing Nutrition

*Micronutrient Forum 6th Global Conference
Friday, 20 October 2023
1:45–3:15 pm*





Welcome

Introduction to the Session and Objectives

Denish Moorthy, Senior Technical Advisor
USAID Advancing Nutrition

Agenda for this Session

| Time | Title | Speaker |
|-------------|--|---|
| 13:45–13:50 | Introduction to Session and Objectives | Denish Moorthy, USA |
| 13:50–14:05 | Building Resilience—Ecological Approach to Anemia Programming from the Anemia Task Force & Accuracy and Precision in Anemia Assessment—HEmoglobin MEasurement (HEME) Project | Laura Hackl, USAID Advancing Nutrition and Nestle R&D |
| 14:05–14:55 | Panel Round Table | 1) Cornelia Loechl, Austria 2) Dora Inés Mazariegos, Guatemala 3) Layal Jaafar, Lebanon 4) Omar Obeid, Lebanon |
| 14:55–15:05 | Audience Response Panel | All attendees |
| 15:05–15:15 | USAID and the Anemia Agenda | Omar Dary, USAID Washington |



Building Resilience—The Ecological Approach to Anemia Programming from the Anemia Task Force & Accuracy and Precision in Anemia Assessment—HEmoglobin MEasurement (HEME) Project

Laura Hackl
USAID Advancing Nutrition
&
Nestle Research



Building Resilience—The Ecological Approach to Anemia Programming

Laura Hackl on behalf of the USAID Advancing Nutrition Anemia Task Force and the HEmoglobin MEasurement team

Resilience and Ecological Approach to Anemia

**Micronutrient Forum
October 20, 2023**



Credit: Liam Wright/ICRISAT



USAID Advancing Nutrition Anemia Task Force

Assessment Working Group

Parminder Suchdev, Emory University (Chair)
Anne Williams, Emory University
Kenneth Brown, University of California, Davis
Lindsay Allen, University of California, Davis
Omar Dary, USAID
Rahul Rawat, Gates Foundation
Denish Moorthy, USAID Advancing Nutrition

Biology Working Group

Gary Brittenham, Columbia University (Chair)
Carla Cerami, Medical Research Council, The Gambia
Gemma Moir-Meyer, University of Melbourne
Sant-Rayn Pasricha, University of Melbourne
Ralph Green, University of California, Davis
Ananya Datta Mitra, University of California, Davis
Sarah Atkinson, Kenya Medical Research Institute (KEMRI)
Kelvin Mokaya Abuga, KEMRI

Chair

Dan Raiten, National Institutes of Health

Interventions Working Group

Cornelia Loechl, International Atomic Energy Agency (IAEA) (Chair)
Ananya Datta Mitra, University of California, Davis
Lindy Fenlason, USAID
Ralph Green, University of California, Davis
Laura Hackl, USAID Advancing Nutrition
Laura Itzkowitz, USAID
Marion Koso-Thomas, National Institutes of Health
Denish Moorthy, USAID Advancing Nutrition
Victor Ochieng Owino, IAEA
Helena Pachón, Food Fortification Initiative
Nicole Stoffel, Swiss Federal Institute of Technology (ETH)
Michael Zimmerman, ETH
Daniel J Raiten, National Institutes of Health

USAID Advancing Nutrition Secretariat

Victoria Anders; Sharmila Mysore; Emily Vance; Courtney Meyer; Silvia Alayon

Globally Endorsed Goals for Anemia Reduction

By the year 2025*:

“Achieve a **50% reduction in anemia** [vs. 2012 figures]
in women of reproductive age”

Source: WHO (World Health Assembly). 2012 “World Health Assembly Nutrition Targets.” Accessed October 1, 2023. <https://www.who.int/teams/nutrition-and-food-safety/global-targets-2025>

*Extended to 2030 as an United Nations Sustainable Development Goal

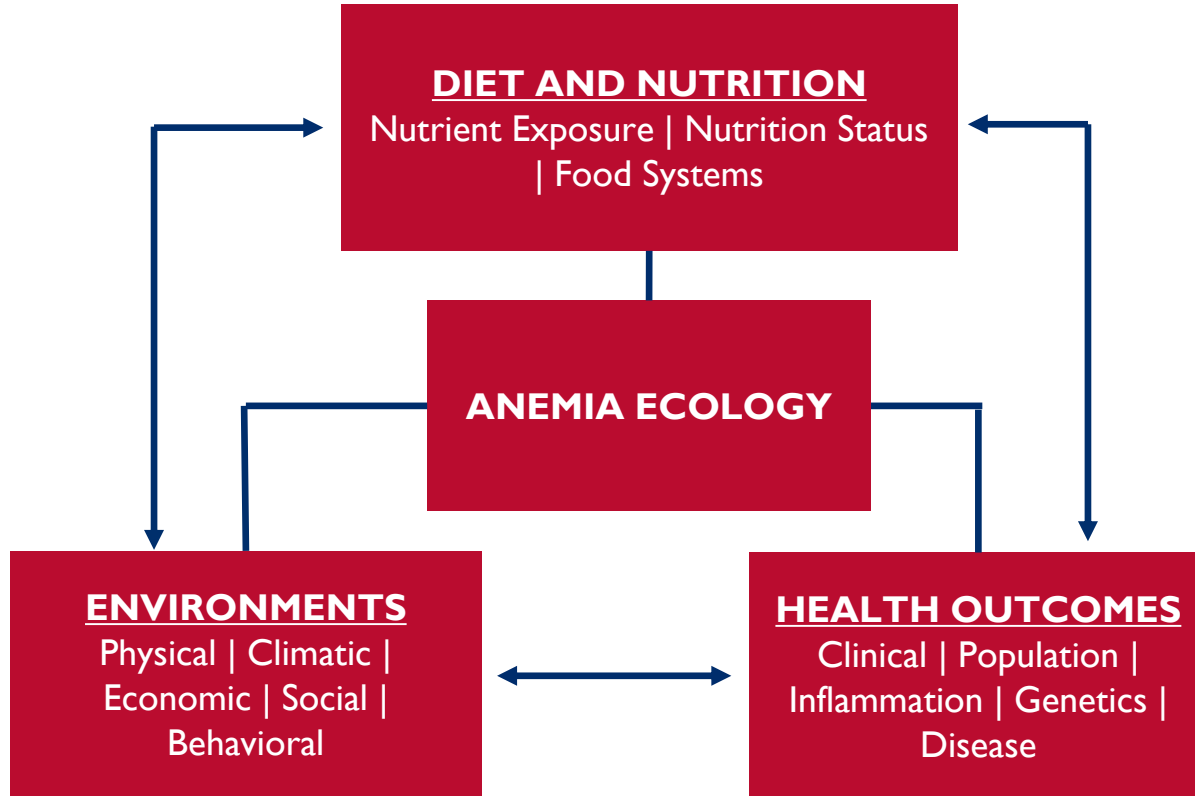
Is this type of commitment new?

By the year 2000:

“Reduction of **iron deficiency anemia** in women
by one third of the 1990 levels”

Source: UNICEF. 1990. “World Summit for Children.” Accessed October 1, 2023. <https://www.unicef.org/documents/world-summit-children>

The Ecology of Anemia

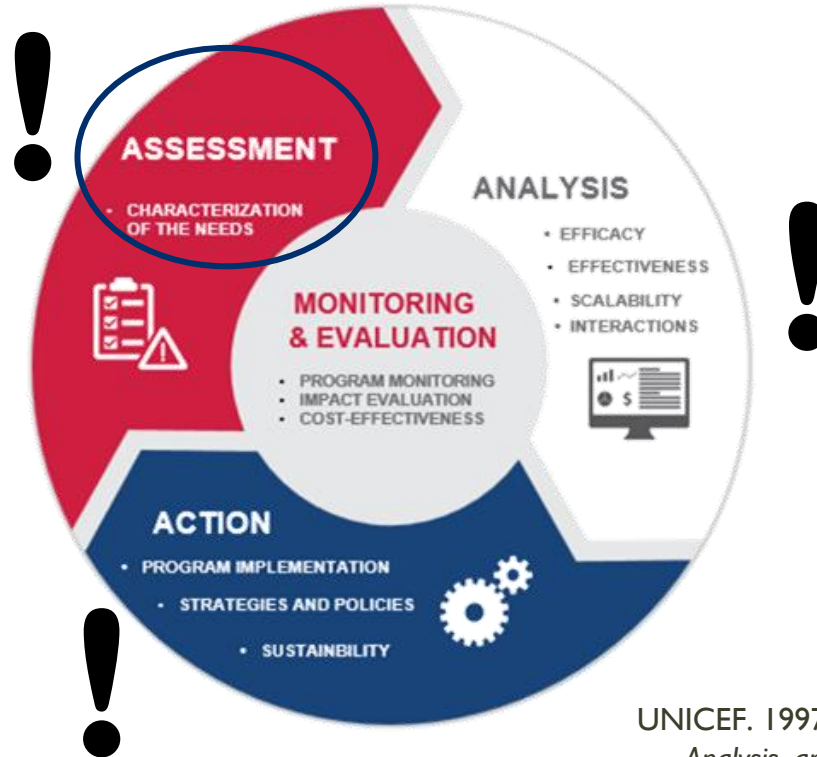


Operating assumptions

- Anemia has multiple causal factors
- An ecology defines the interactions between a complex system (i.e., internal and external environments).

Understanding the components of the anemia ecology is critical to identify and treat with precision at individual and population levels.

Challenges in Assessing/Addressing Anemia



UNICEF. 1997. *The Care Initiative: Assessment, Analysis, and Action to Improve Care for Nutrition*. New York: UNICEF.



Building Resilience—Accuracy and Precision in Anemia Assessment—HEmoglobin MEasurement (HEME) Project

Laura Hackl on behalf of the HEME team

Resilience and Ecological Approach to Anemia

**Micronutrient Forum
October 20, 2023**



Credit: Liam Wright, Smart Food, ICRISAT

HEME Objective

Identify *best procedures/methods for determining hemoglobin concentration/anemia prevalence* in population-based surveys

Specifically—

- assess the performance of three HemoCue® models vs. certified hemoglobin autoanalyzer
- using venous, pooled capillary, and single-drop capillary blood samples.



Cambodia Team

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Jordie Fischer
Hou Kroeun
Chanthan Am

Ethiopia Team

Desalegn A. Ayana
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Nutrition International

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We would like to thank

**all participants and caretakers
study staff**

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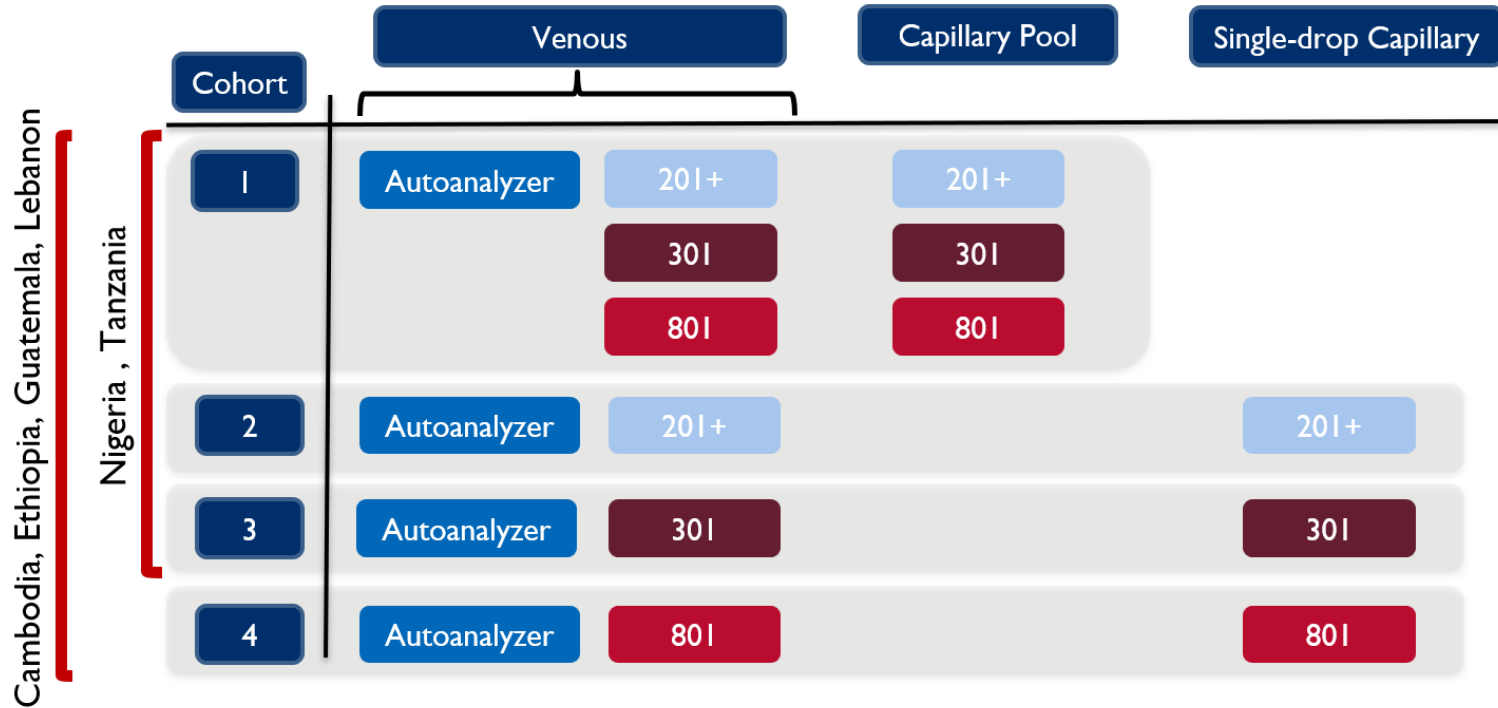
Lebanon Team

Omar Obeid
Layal Jaafar

USAID Advancing Nutrition

Laura Hackl
Victoria Anders
Sharmila Mysore
Emily Vance
Veronica Varela
Silvia Alayon
Denish Moorthy

Multi-Country Collaboration



18 women and 18 children per cohort

How Can We Further Support Building Resilience?

- Consider an ecological approach
 - How do the physiology and response to infection/disease blend with the specific aspects of dietary iron nutrition and bioavailability?
 - How should we represent iron deficiency anemia in the context of anemia, given its multifactorial causation?
 - Can we improve our precision by considering the role of multiple other nutrients/factors?
- Assess—analyze—act
- Collaborate

USAID Advancing Nutrition's Anemia Resources

- Please scan the QR codes below or visit USAID Advancing Nutrition's Resource Hub at advancingnutrition.org/anemia

Anemia Toolkit



Anemia Task Force Supplement



Round Table Panelists



Cornelia Loechl
International Atomic
Energy Agency
(IAEA), Austria



Dora Inés Mazariegos,
Institute of Nutrition
of Central America
and Panama (INCAP),
Guatemala



Omar Obeid
American University
of Beirut (AUB),
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Layal Jaafar
AUB, Lebanon



USAID and the Anemia Agenda

Omar Dary
Senior Nutrition Science Specialist
USAID Bureau for Global Health



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